

What is Anthroposophical Medicine?

Anthroposophic Medicine, the most comprehensive form of holistic medicine, is based on the pioneering work of R. Steiner, Ph.D. It delves into the cosmic-spiritual basis needed for a deeper understanding of health and illness. Realizing the Body, Soul and Spirit nature that we have has led to new remedies and cures. Anthroposophical Medicine is gaining international recognition due to the positive clinical experiences and published research work of hundreds of physicians worldwide.

At this weekend workshop both general principles and very specific suggestions will be given on how to enhance our well being on a physical and spiritual level.

Can highly diluted substances, gem *stones*, *ashes of roots really work?*

Can we approach heart disease, diabetes, depression from a truly new point of view?

Ample time will be given for audience questions.



Space is Limited.

**To reserve a seat, call
941-554-4292**

Workshop fee: \$25.00

Meals are not included.

**For more information go to
www.starflower.com**

**For questions related to the
presented material please contact
the True Botanica Foundation:**

262-912-0970

info@truebotanicafoundation.org

Please support the sponsors who have
made this workshop possible:

The True Botanica Foundation

The Speakers' Bureau Program of the
Anthroposophical Society in America

The Starflower Organic Apothecary



 **STARFLOWER™**
ORGANIC SPATHECARY
The Herbal Spa & Apothecary

415 S Pineapple Ave, Sarasota FL
34236 Tel. 941.554.4292.

Presents:

Ross Rentea MD

A weekend workshop:

Achieving

Comprehensive Health

with

Anthroposophic

Medicine

March 22-24, 2013

**Location: Starflower Essentials
415 S. Pineapple Ave,
Sarasota, FL 34236
Starflower.com**

Tel. 941.554.4292.

Friday

7:00 – 9:00 PM:

Introduction to Anthroposophical Medicine

(Understanding the Threefold Nature of Health and Illness can help us develop new remedies).

Saturday

9:00 – 10:30 AM:

The Influence of the Major Seven Planets on our Mental and Physical Health.

10:30 – 11 AM

Break

11:00 AM – 12:30 PM:

An Anthroposophical Medical View of Kidney, Liver and Heart Health.

12:30 – 2:00 PM:

Lunch

2:00 – 3:30 PM:

From Homeopathy to Anthroposophy – Breakthrough Research to make our Remedies even more effective

3:30 – 4:00 PM

Break

4:00 – 4:30 PM:

Artistic Group Activity: The new movement form of Eurythmy.

4:30 – 6:00 PM:

Polarities in the Human Nature - What are Anthroposophical Nutritional Supplements?

6:00 – 7:30 PM

Dinner

7:30 – 8:30 PM:

Esoteric Anthroposophy – The Meditative Path of Anthroposophy for achieving our full Human Potential

Sunday

9:00 – 10:15:

Inflammation from an Anthroposophical view point

10:15 – 10:30 AM:

Break

10:30 – 11:45

The Four Temperaments and the resulting health concepts.

Review, Q & A, Closing remarks.



About the Speaker

Dr. Ross Rentea MD has been a practicing anthroposophical family physician for over 30 years. He is an author, editor, physician of Anthroposophical Medicine, and innovator. The Paulina Medical Clinic that he and his wife, Andrea Rentea MD, opened in Chicago, in 1983, enjoys an international reputation. Dr. Ross Rentea graduated from the University of Chicago, Pritzker School of Medicine. He is a Board member of the American College for Anthroposophic Medicine. He joined the Anthroposophical Society in 1970. He is co-founder of the True Botanica Company and the True Botanica Foundation.



Helpful websites:

www.truebotanica.com

www.truebotanicafoundation.org

www.starflower.com

www.anthroposophy.org