

## What is our objective for this workshop?

Rudolf Steiner considered personal health to be one of the prerequisites for spiritual development - and ultimately for the very understanding of Anthroposophy. All ancient Mystery Temples had a healing center associated with them. R. Steiner presents Anthroposophy as a quintessential Therapeutic Impulse for Mankind.

And yet most, even very serious students of Anthroposophy, know very little about Anthroposophical Medicine (AM) and certainly even less about recent advances and breakthroughs that make it fruitful in our everyday life.

We will try to take first steps in "curing this ill." AM can be used both for personal growth as well as for serious medical conditions; in acute or chronic conditions – but always leading to a richer and more productive life.

This workshop will help with the basic questions: what is AM; why should I take "my daily remedies"; why must I do daily eurythmy (therapeutic or artistic); and much more.

Ample time will be given for audience questions.

### Conferences Fees:

Saturday Workshop \$40  
Saturday Night Talk \$15  
Workshop & Lecture \$45

Sat. workshop includes vegetarian, gluten free lunch.

You MUST pre-register if you wish to receive a Saturday lunch!  
(In general a pre-registration by all participants would be appreciated)  
For your pre-registrations send your:

Name, address, telephone, e-mail,  
by October 23th.

Make checks payable to  
Greater Detroit Branch:  
1240 Union Lake Rd.  
White Lake, MI 48386

Information/Contact:  
Victoria Chehade 248-396-6596

For questions after the workshop relating to the content of the lectures or remedies you may contact:

True Botanica:

262-912-0970

[info@truebotanica.com](mailto:info@truebotanica.com)  
[www.truebotanica.com](http://www.truebotanica.com)



*The Greater Detroit Branch &  
The Great Lakes Branch  
of the  
Anthroposophical Society of  
America &  
True Botanica*

*Present:*

*A weekend workshop:*

*Principles and Practice of  
Anthroposophic  
Medicine*

*November 9, 2013*

*Location:*

*The Oakland Steiner School  
3976 S. Livernois  
Rochester Hills, MI 48307*

# Saturday

9:00 AM – 10:15 AM:

## **New Anthroposophic Remedies: From Research to practical Applications in daily life**

*(A new line of potentized remedies will be presented with specific indications for physical and emotional healing, acute and chronic conditions; stress reduction, etc.)*

10:15 AM – 10:30 AM

Break

10:30 AM – 11:30 AM

## **New treatments for the major illnesses of our times: cardiovascular, metabolic and more**

*(Weaknesses of the heart, lungs, liver and other major organs have reached epidemic proportions. Anthroposophy gives valuable insights on helping with these widespread problems that affect us all. )*

11:30 AM – 11:45 AM

Break

11:45 AM – 12:30

## **Eurythmy**

12:30 PM – 1:30 PM

Lunch

1:30 PM – 2:30 PM:

## **Women's Health and Illness**

*(An anthroposophic approach to selected problems like: menstrual irregularities, breast health and hormonal concerns. Answers to individual questions.)*

2:30 PM – 2:45 PM

Break

2:45 PM – 3:45 PM

## **Children's Health and Illness**

*(Anthroposophy gives us new means to deal with problems of children's behavior; other constitutional aspects; children's supplements; immunizations and more)*

3:45 PM – 4:00 PM

Break

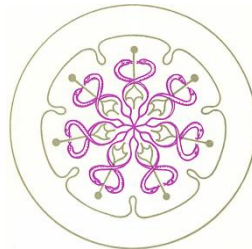
4:00 PM – 4:45 PM

## **Q & A Session**

7:00 PM – 8:30 PM:

## **Aspects from the Esoteric Basis of Anthroposophic Medicine**

*(For the Members of the Anthropol. Society and their invited guests. Some understanding of the core concepts of Anthroposophy required.)*



### About the Speakers

The Drs. Rentea have been practicing anthroposophical family medicine for over 30 years. The Paulina Medical Clinic that they opened in Chicago, in 1983, enjoys an international reputation. Dr. Ross graduated from the University of Chicago, Pritzker School of Medicine. Dr. Andrea is a graduate of the Chicago Medical School. After their residency they both spent several years in Europe studying and practicing anthroposophical medicine and Eurythmy and various European anthroposophical clinics. They are both Board members of the American College for Anthroposophic Medicine. They joined the Anthroposophical Society in 1970. They are members of the First Class of the School of Spiritual Science. They are co-founders of the True Botanica Company and the True Botanica Foundation.

