

Ross Rentea MD



Doctor Rentea has been a practicing Family Physician in Chicago for over 30 years.

He specializes in holistic and natural medicine, treating, whenever possible, chronic and acute illnesses with natural supplements, homeopathic medicines, and other disease specific topical ointments.

The Paulina Medical Clinic that he and his wife, Andrea Rentea MD, opened in Chicago, in 1983, enjoys an international reputation. Patients are traveling in from all the 50 states and from overseas to consult on their health problems. The clinic offers comprehensive medical evaluations, chelation therapy, treatment with bio identical hormones, advanced nutritional testing and nutritional advice, life style coaching, a new form of energetic and spiritual exercise called eurythmy, etc.

Both doctors emphasize a comprehensive body & mind approach best summarized under the term anthroposophical medicine, the most complete form of complementary/alternative medicine available.

Dr. Rentea graduated from the prestigious University of Chicago, Pritzker School of Medicine, and after his residency in NYC he spent five years in Europe studying anthroposophical/complementary medicine.

He is a Board member of the American College for Anthroposophic Medicine. He is a co-founder of the Illinois Homeopathic Medical Association. His additional activities include hundreds of lectures, training seminars and workshops to professional and lay groups. Dr. Rentea holds a patent for a medical device. He has been an editor of the Journal for Anthroposophic Medicine, and has published numerous articles in peer reviewed medical journals.

He is recognized by his peers as a leader in the emerging field of complementary medicine.

Following a long standing interest in researching ways for creating new pharmaceutical quality natural remedies Dr. Rentea founded, together with Andrea Rentea MD and Mark Kamsler MD, the True Botanica Company. He is its CEO, CSO and Chairman of the Board. The company goal is to create the most safe and effective full spectrum products possible that work harmoniously on body, mind and spirit. The formulas are designed by uniting the best in emerging modern nutritional technology with insights given by the scientist Rudolf Steiner, as well as by paying attention to today's patient needs.

He is also Co-founder and President of the True Botanica Foundation, a non-profit organization for education, research and social help in the anthroposophical health care field.