



**Who should attend?**

All health care providers are welcome

Attending this workshop and completing review of the accompanying handout materials will provide:

**4 Naturopathic CME's**

**4 Chiropractic CEU's approved in most states.**



The CEU credits for this course are being facilitated through the University of Bridgeport, HSPED. UB is not a sponsor or co-sponsor of this event.

The CME/CEU are made possible through the efforts of the True Botanica Foundation, a not for profit, 501(c)3 organization. CME/CEU related information is not connected to any specific company product.

### **Registration**

**Attendance is FREE but space is limited so please sign up by contacting us at:**

**[info@truebotanicafoundation.org](mailto:info@truebotanicafoundation.org)**

Tel: 1-262-912-0970 ext. 8

Relevant websites:

**[www.truebotanica.com](http://www.truebotanica.com)**

**[www.truebotanicafoundation.org](http://www.truebotanicafoundation.org)**

1005 Richards Road, Suite D, Hartland, WI 53029

### ***Presents:***

***A New Line of Nutritional Supplements  
and  
High Dilution OTC Remedies:  
Research & Clinical Experiences***

***March 21, 2013***

***7 – 9 PM***

***Location: Starflower Essentials  
415 S. Pineapple Ave,  
Sarasota, FL 34236  
[Starflower.com](http://Starflower.com)***

***Tel. 941.554.4292***

***4 Naturopathic CME's  
4 Chiropractic CEU's approved in most states***

## Topics to be presented:

### 1. Berberine, Boswellia and Bioperine

Literally hundreds of articles attest to their clinical effectiveness but do we always know: what the most effective dosage is; which side effects we need to look out for; which are the best commercially available products?

### 2. Homeopathy – in a newly validated form

Research of several decades will be presented showing the effectiveness of highly diluted medicated substances--and some problems. New breakthroughs will be shown that can increase our confidence in the products we are using.

### 3. Anthroposophic medicine

Anthroposophic medicine combines spiritual and physical aspects so as to become a very comprehensive integrative medical modality.

### 4. True Botanica products.

Giving an overview of this new and perhaps unusual line of products  
*Q & A period*

## About the Presenter

**Ross Rentea MD** has been a practicing family physician for over 30 years. He is board certified in Anthroposophic Medicine. He is an author, editor, physician of integrative and Anthroposophical Medicine, and innovator. The Paulina Medical Clinic that he and his wife, Andrea Rentea MD, opened in Chicago in 1983, enjoys a national and international reputation. Ross graduated from the University of Chicago, Pritzker School of Medicine in 1976. He is a Board member of the American College for Anthroposophic Medicine. He is co-founder of the True Botanica Company and the True Botanica Foundation.



## Dear Colleagues,

The products and ideas we are presenting here are the result of decades of research and study. We are clinicians and are happy to report that these formulas have increased our clinical successes considerably. We have always practiced holistic medicine and have been frustrated many a time with the poor quality of supplements on the market. Most of them were simply “me too” products. But the modern health challenges of our times demand a shift in our thinking that is not just a repetition of “same old, same old.” This is when we decided to sacrifice some of our patient work time and devote considerable energy to designing new formulas. We incorporated the latest in modern nutritional advances with the revolutionary indications of the scientist Rudolf Steiner. If you have never heard of him you will be in for a treat when we present some of his work! To give just one example, our formulas include often the ashes and minerals of plants, thus making them more truly full spectrum. And they work better too. Although we are a very small company we are constantly searching for ways to research and to prove objectively that what we feel subjectively has some objective validity as well. You will be pleased to see some of the results.

You may wonder why in a time when electronic devices make the sharing of information so –seemingly –simple we choose to travel to present our work. We do that because like minded individuals still need to meet person to person every once in a while for a special “touch,” especially when ideas involving life, human warmth and spirituality are involved.

So, we hope to see you there and to have your support.

Collegially yours,

Ross Rentea MD

Please Note! A whole weekend seminar is following beginning with Friday the 22<sup>nd</sup>. You may be interested in attending.