

Updates

Dear Colleagues, Dear Friends,

2016 is our 7th year of activity!

Recently we have begun/or continued researching:

- The behavior of potentized human blood;
- The difference between plants growing under the influence of "spraying" with potentized metal solutions, that are appropriate for that plant, vs. "non-sprayed" plants;
- The qualities of different potencies of mistletoe;
- The "Kolisko Validation Process" for a continuing list of commonly used anthroposophically potentized remedies.

Soon, we will present new ways for therapeutically working with the stars, and the zodiac in particular, and will present the first rudiments of an "app" to be able to remind oneself of the impulses coming from the planets "in real time" – following indications of Rudolf Steiner. Alas, this "app" will be only a help, although perhaps a great help, to your meditative and inner work.

More of our ongoing activities (like offering free workshops to interested communities) are listed on the website.

A new phase is starting in the life of anthroposophical medical development. While it was enough up to now to become familiar with Rudolf Steiner's work, nearly 100 years after he laid the groundwork, new demands are being made on us. Our colleagues "on the outside" want to see how we work with anthroposophical medicine, what we have done with it over the years, how we now contribute to its further development. Our desire to participate in discussions with our integrative and holistic colleagues must be accompanied by our ability to show that we "walk the talk".

Rudolf Steiner's words are catching up to us:

"... Spiritual science places us into life in a practical manner. However, this spiritual science will have to be applied in ways that go beyond that which is being done today.



Today one thinks that one has done enough with spiritual science when one has listened to her for a while, and when one believes that she may have had a beneficent, uplifting influence on our soul. **That is not enough!** Spiritual science must enter into all branches of life in practical actions. In all branches of life the fruits of spiritual science must show themselves."(2.18.1916)

This is especially important in our time when in spite of lip-service to the contrary materialism is actually quite widespread: the "mind" is only a reflection of neurotransmitters; acupuncture meridians are accepted only if physical structures can be demonstrated and electrical impulses shown to flow through them; and even homeopathy and potentized remedies are reduced to "nano- medicine".

Astonishingly the American Institute of Homeopathy has released a short time ago a letter to conventional physicians trying to get them to give homeopathy a new consideration because:

"...Nanoscientists at 12 independent research labs have now consistently confirmed that all (potentized) medicines studied contain various nanostructures, including source and silica nanoparticles which are heterogeneously dispersed in colloidal solution – making homeopathic medicine the first known form of nanomedicine. What's more – we now know from recent discoveries in nanoscience that each remedy manufactured using traditional methods of trituration and vigorous agitation must in fact contain nanostructures."

This is where the research into the behavior of potentized substances, research done at the Kolisko Institute, can contribute to ensure that our voice for the recognition of the reality of spiritual impulses will be heard and respected. Rudolf Steiner was already pointing out in 1922 that Lili Kolisko's methods were lifting the understanding of potentized medicine out of the realm of mysticism into the domain of solid science.

We never could have accomplished our work without the support of other active people in the community.

A lot of work lies ahead of the anthroposophical medical movement in the world, and especially in the US. Together with you we are proud to be part of this effort.

Friendly and Collegially yours,

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