

## Workshop Schedule

The workshop will start at 4:30 PM CT, on Thursday October 19th, and end on Sunday October 22<sup>nd</sup>, noon – see details below.

**(Scheduling changes may be made before or during the workshop as required by the topic or other circumstances.)**

### Thursday

4:30-5:00 PM Registration

5:00-6:30 PM Dinner

7:00-9:00 PM Welcome/ Announcements

Lecture: Introducing the Foundation Stone and its Rhythms –  
-why the FS is essential to our working with Anthroposophy  
Ross Rentea MD

**All lectures/ presentations will be framed by eurythmy done by all participants**

### Friday

7:30-8:15 AM Breakfast

8:30-8:45 AM

Eurythmy –All Participants  
Announcements

9:00–10:00 AM

Keynote Address: -The Mystery of the FS as a Dodecahedron  
-Also preparation for the exploration of the FS in Eurythmy later in the morning!  
Ross Rentea MD

10:00-10:30 AM Break

10:30-11:15 AM

Lecture: Continuing our deepening of the Theme and-  
The FS Rhythms, the TAO Mysteries and the RoseCross-  
Ross Rentea MD

11:30-12:30 PM

Eurythmy –All Participants  
The Eurythmy of the FS  
Led by Barbara Bresette Mills

12:30-2:00 PM Lunch/Rest

2:00-3:00 PM

Eurythmy–All Participants  
Led by Barbara Bresette Mills

3:00-3:30 PM Break

3:30-4:30 PM

Lecture: Medical and Pharmaceutical Aspects Related to the FS  
Mark Kamsler MD

4:45-5:30 PM

Open Forum (Contributions, Q&A, Group Discussions)

5:30-7:00 PM Dinner/Rest

7:00-9:00 PM

Evening contemplation –Christa Mcbeth  
Eurythmy (pieces for speech, violin and piano)  
Violin Performance  
Eurythmy – Barbara Bresette- Mills  
Corinne Horan  
Violin – Jeremy Klapper MD

## **Saturday**

7:30-8:15 AM- Breakfast

8:30- 8:45 AM

Eurythmy–All participants  
Announcements

9:00 – 10:00 AM

Keynote Address: The Christ Impulse and the FS  
Ross Rentea MD

10:00-10:30 AM Break

10:30-11:15 AM

Eurythmy – All participants  
Lead by Barbara Bresette Mills

11:30-12:30 PM

From the work with the FS Rhythms –  
John Barnes

12:30-2:00 PM Lunch/Rest

2:00-3:00 PM

Eurythmy –All participants  
Lead by Barbara Bresette Mills

3:00-3:30 PM Break

3:30-4:30 PM

Lecture: Pyrite, Copper, and other minerals in connection with the FS –  
Andrea Rentea MD

4:45-5:30 PM Open Forum (Contributions, Q&A, Group Discussions)

5:30-7:00 PM Dinner/Rest

7:00-8:30 PM

Evening contemplation  
Eurythmy and Violin Performances  
Eurythmy – Barbara Bresette-Mills  
Corinne Horan  
Violin – Jeremy Klapper MD

## Sunday

7:30-8:30 AM-Breakfast

8:45- 9:30 AM

Open Forum (Contributions, Q&A, Group Discussions)



9:45-10:45 AM

Eurythmy- All participants  
Lead by Barbara Bresette Mills

10:45- 11:30 AM Closing Plenum