

Probiotics Ultra

-an anthroposophically oriented formula-

Interesting features:

Why does this formula include a potentized apple core extract?

As you might expect this goes back to research done by R. Steiner.

A little botany is needed here first.

The apple fruit has at its inner core the ovary in which the seeds are formed. This ovary, the carpel, is surrounded by the so-called endocarp-a dried layer that we normally discard when eating the apple fruit.

R. Steiner found that this hardened, dried skin, that we normally refer to as the apple core, is a perfect plant representation of the human intestinal astral body!

Might this be one of the reasons why “an apple a day will keep the doctor away” - in the sense that it heals the digestive tract which is one of the pillars of health?

When done in potentized form (as it is here) it is easier to be useful to the etheric and astral forces supporting the intestine.

This apple core addition to the formula also makes the other components of the formula, in this case, the probiotics, more connected to the digestive tract. From there the health impulses can ascend to the other vital systems of the body.

The probiotics

Combined with the apple core we have included an extremely broad spectrum and high amount probiotic line.

Here are some of the most important characteristics:

- We use only clinically studied strains, so called documented strains. One can recognize that by the fact that besides the family name they have a specific letter for the individual strain.
- We have a mix constituted of 12 different strains since individual people may have varying needs for each kind of probiotic. Each strain in our mix has at least 1 billion CFU's.
- The formula does not require refrigeration.
- The chosen strains are stomach acid and bile acid resistant as are the capsules.

- Our strains have a proven adherence to gastro-intestinal cells.
- Our formula contains prebiotics-the nutrition for the probiotic organisms.
- The CFU count in the formula was third party tested and additional amounts were added to ensure a more than adequate effectiveness even months later.
- We used vegetarian capsules.

Finally, you might want to know that we actually tried them on ourselves and found the effect to be spectacular!

Below a sprinkling of benefits from the various strains. This is by no means a complete listing. Importantly, all statements below are based on studies but the listed effects are not meant to be construed as an FDA approved disease treatment. In all health conditions the advice and guidance of a qualified professional is imperative.

Some effects of the strains listed in the formula;

Bifidobacteria strains:

BifidumUABb-10™

Supports: relief of symptoms of irritable bowel; healthy infant growth; activity against H. pylori.

Lactis UABla-12™

Supports the immune health in children with atopic dermatitis;
Supports the prevention of acute respiratory infections in children;
Active against constipation;
Improves sleep ability.

Longum UABI-14™

Showed potential to improve the health status of children with newly diagnosed celiac disease;
helped reduce TNF-alpha, CRP, serum AST, HOMA-IR and the non-alcoholic steatohepatitis (NASH) activity index in patients with NASH;
improves IBS symptoms.

Lactobacilli strains:

Acidophilus UALa-01™

Reduced IBS; reduced symptoms of lactose intolerance ;
Reduced severity of atopic dermatitis;
Minimizes constipation, bloating and flatulence.

Gasseri UALg-05™

Competitive to disease causing intestinal pathogens;
Assists in reduction of abdominal adiposity;
Supports reduction of allergies in children as shown in reduction of IgE and increase in regulatory T-cells.

Bacillus c. UABc-20™

Supports relief in digestive problems such as: stool regularity in diarrhea and or constipation;
alleviates vomiting and nausea;
speeds recovery of skin health as in eczema;
improves oral health (supports lessening of aphthous oral lesions);

was shown to reduce exercise induced muscle damage and increase recovery in athletes;
supports the immune system.

Reuteri UALre-16™

Helps healing of skin wounds;
helped decrease crying time in exclusively breastfed infants with colic;
Reducing diarrhea in children;
Improves digestive health, immune health, skin health, metabolic health, heart health, weight management, women's health, and perinatal/infant health.

Plantarum UALp-05™

Supports maintenance of good gut barrier function;
Improves cardiovascular risk factors in post-menopausal women with metabolic syndrome;
Reduces digestive problems due to antibiotic treatments;
Immune supporting effects;

Casei UALc-03™

Supports a decreased insulin sensitivity;
Supports a good gut barrier;
Improves mucosal immune responses;
Supports lowering inflammation in joints;
Supports reduction of common infectious diseases.

Paracasei UALpc-04™

Strong effect against intestinal pathogens;
Augments immune mucosal functions;
Improves oral health and reduces incidence of caries;
Reduces the effect of damage caused by agent such as aspirin.

Rhamnosus UALr-06™

Reduction in travelers' diarrhea;
Highest effectiveness among probiotics to reduce antibiotic induced diarrhea;
Significant reduction of acute rotavirus diarrhea in children;

Streptococcus thermophilus UASt-09™

Improves intestinal barrier function;
Probiotic + inulin helped reduce days of fever and improve social and school functioning;
Supports infant digestive health.
