

**Root –**

**Astro Sign - Taurus, Virgo, Capricorn**  
**Element - Earth**  
**Organ – Brain**  
**Temperament – melancholic**  
**Day – awake, calculating, cold, new discoveries, “penetrating”**  
**Physical Body**

**Leaf –**

**Astro Sign - Cancer, Scorpio, Pisces**  
**Element - Water**  
**Organ – Lungs**  
**Temperament – Phlegmatic**  
**Day – lethargic, repetitive, out-flowing, dull, need for order,  
loses concentration, over eating, persistent**  
**Etheric Body**

**Flower –**

**Astro Sign - Gemini, Libra, Aquarius**  
**Element - Air**  
**Organ - Kidneys**  
**Temperament – Sanguine**  
**Day – phantasy, scattered, observant “boy is it beautiful today”,  
Astral Body**

**Fruit/Seed –**

**Astro Sign - Aries, Leo, Sagittarius**  
**Element - Fire**  
**Organ - Heart, Blood, Reproductive**  
**Temperament – Choleric**  
**Day – group work, enthusiasm, kinder-warmer dispositions,  
“harmony days”**  
**Ego Organization**

