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**Dear Friends of Anthroposophic Research,
Dear Supporters of our Work,**

Our Mission:

Engage in scientific work that benefits Anthroposophy.

Conduct research that leads to more effective Remedies.

Present Anthroposophic esoteric Medicine.

We have been very active in this past year 2025.

We are proudly continuing to show that potentized remedies have a solid scientific basis-just the way L. Kolisko imagined.

None of this would be possible without your continuing heartfelt support!

Thank you!

Here is a brief overview

Improving the quality of remedies!

Demonstrating through our experiments that the starting substance potencies are indeed active, begins a direct line to ultimately more effective remedies.

Whether one wants help for an increased vitality in life, higher meditative ability, or more complete health, one needs to depend on the quality of the remedies taken.

The road to that ultimate goal starts with discoveries made in the research work!

Through literally many decades of work, Lilly Kolisko demonstrated that potencies of substances have to be researched individually to determine whether or not, and in which direction, they are effective.

Our statistically validated studies contribute to supporting her methodology (inspired by R. Steiner) and show through our experiments that the quality of anthroposophical remedies can be improved.

The efforts of our Institute have been acknowledged f. ex. by being accepted for publication in peer reviewed journals.

Aside from four previously published papers in 2024 we have added five more this year.

Besides helping to strengthen our so-called Kolisko Validation method they also help to demonstrate that indeed even ultra-high diluted substances still have active, demonstrable energy in them. This confirms the basic tenant of anthroposophy that “spirit lives in matter” - since no more matter of the potentized substance is present at those ultra-high dilutions.

(R. Steiner was very happy that anthroposophical experimentation with potentized substances placed them on solid scientific ground and removed them from the “mysticism” generally associated with homeopathy.)

Publications of our research work in 2025

The Mother Tincture as well as a High Dilution of proprietary Mistletoe (*Viscum album L.*) extracts Inhibit the Proliferation of the Prostate Cancer Cell line LNCaP, while Stimulating the Cell Proliferation of the Normal Human Prostate Cell Line RWPE: A Pilot Study

Moon transits against the backdrop of different sidereal constellations affect the growth of various in vitro cell cultures: a pilot study

Ultra- High Diluted Extracts of Anti-Cancer Active Mistletoe Extracts Inhibit the Proliferation of Adrenal Cancer Y-1 Cells: A Pilot Study

New Homeopathically Potentized Sarcodes from Five healthy bovine Organs Inhibit the Proliferation of several Cancer Cell Lines: Pilot Study

Low Dose as well as High Potencies of Seven Metals Modulate the Proliferation of the Hep-3B Liver Cancer Cell Line: A Pilot Study

Articles we have shared on our website in 2025:

1. Injectable and oral Mistletoe therapy
2. Cosmic Impulses of the Mistletoe and its Host Trees: Part I
3. Cosmic Impulses of the Mistletoe and its Host Trees: Part II
4. Cosmic Impulses of the Mistletoe and its Host Trees: Part III
5. What is the Pentas™ Principle?
6. The Five Cardinal Organs
7. Anthroposophic Root Therapy for Diabetes mellitus
8. The Four/Five Cardinal Organs in Human Mood Disorders (Anthroposophical Interventions)
9. Guiding Anthroposophical Therapy by the Four Temperaments and the Four Organs
10. The 5 Cardinal Organs: (Capsule powders and liquid Pentas)

Recent studies

Here we give one example of most recent work results – to be published soon.

Knowing that the function of the liver is crucial to the health of the body we have studied the effects of many potentially therapeutically useful substances.

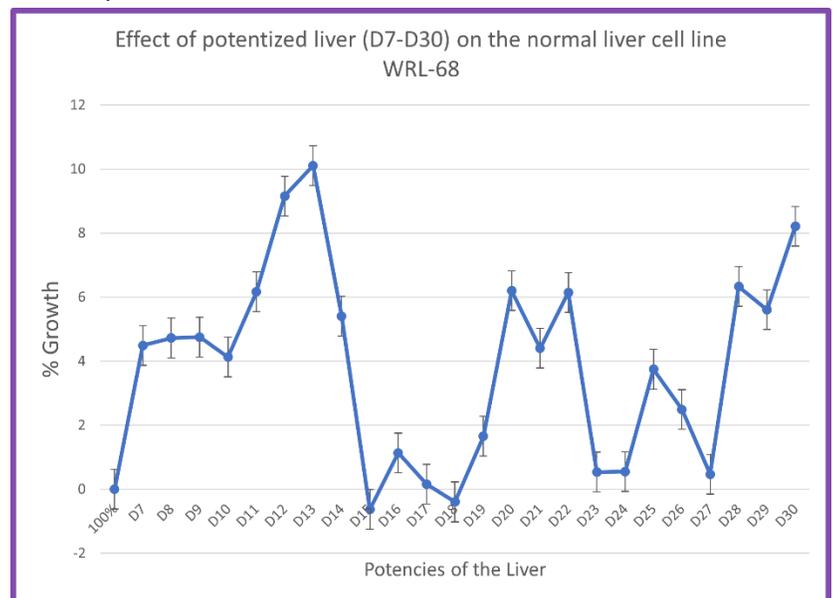
The use of animal organs in potentized form has long been foundational in anthroposophical medicine. However, the problem has always been which specific potencies to use.

In this study we have looked at the effect of liver potencies from D7 to D 30 on a normal liver cell line.

As one can see, only the potencies between D7-D14, D20 and D22 as well as D25, D28, D29 and D30 are stimulating (colloquially one could say invigorating) the liver cells.

Including the other potencies into remedies would not be desirable since they have no more influence on the liver cells than the water from the control.

Moreover, according to indications given by Rudolf Steiner, low potencies i.e., up to D14 are more active in the metabolic limb system; mid-level potencies up to about D23 are more active in the rhythmical system and ultrahigh potencies above D24 support the nerve -sense system.



You can see this grouping, beautifully demonstrated in the accompanying graph, shows the three distinct zones that we have described.

(This is only a small step in the conventional path that ends with full-fledged clinical validation, but it is a vital one. At the very least it demonstrates that the potencies are not just “placebo effects” of the substances!)

For the coming year we are planning to increase our research efforts in the following categories of substances. We believe these efforts will find practical application in the designing of remedies towards alleviating fatigue, strengthening the life forces, helping adjuvant tumor related therapies, etc.:

- Oral mistletoe extracts.
- Root/ash extracts.
- Organ extracts.
- Pentas formulations.
- Metals potencies.

We want to take here the opportunity to re-introduce and newly introduce our two research co-workers:

Malory Mueller, Chief Researcher of many years, working with the cell laboratory experiments. We thank her for work done with exceptional accuracy and care.

Tori Hartmann, recently joining us as a co-worker and researcher in plant seed experiments. We thank her for the work done with real enthusiasm and devotion.

Foundational work in anthroposophy

As always, we don't forget the anthroposophical mother source from which our inspirations are coming.

Our focus this year has been to understand what esoteric impulses would be most needed to be nurtured in this time when we now go beyond 100 years after the passing of R. Steiner into the spiritual world. Through several webinars we tried to underline the importance for the future of the esoteric impulses of the so called “Esoteric Youth Circle Meditations” - part of the central legacy of R. Steiner that should not be forgotten.

However, to continue our Work, we need Your Support

Dear Friends,

Some of you may remember, from our appeal last year, that we rang the alarm bell that we are running out of money.



Malory Mueller



Tori Hartmann

The situation has only gotten worse!!!

Without some understanding financial contributors and several outstanding donations, we would not have been able to do all the work you saw here.

Thank you to all the friends and supporters.

Additional needs have arisen mainly due to:

- Increasing costs of source materials due to inflation, tariffs, etc.
- Increasing overhead costs like rental, utilities, etc.

To cover even a judiciously “pruned” experimental program that still allows for our goals to be realized we must raise a minimum of \$200,000 for the next year. This may seem daunting but if the community will participate it would be possible.

There are many ways that you can help, donate, and/or make other suggestions:

Make a [tax -deductible donation](#) and/or

- (Most importantly) purchase remedies from True Botanica-all profits go directly to support the research.
- Include us in your will/legacy.
- Spread the word; make us known to your friends.

You are welcome to make specific notations if you want your contribution to go to a specific activity- webinar, substance research, outreach, etc. Thank you!

Before ending we want to not forget to also thank all our co-workers from True Botanica who are supporting the Institute with a multitude of indispensable ancillary tasks. We couldn't prosper without them either.

Thank you!

For the grateful Board of the Kolisko Institute,

R. Rentea MD, M. Kamsler MD, A. Rentea MD



Andrea
Rentea MD



Thank you!

Malory Mueller



Ross Rentea MD



Heidi
Swan



Mark Kamsler
MD



Addie Buck



Dominique Miller



Patrick Yockey



Betsy Schilz



Philia Kelnhoffer

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